

# MATERNAL MENTAL HEALTH NOW, LA CARE, AND HARBOR-UCLA PEDIATRICS PRESENT COMMUNITY AWARENESS FORUM ON POSTPARTUM PSYCHOSIS

## AS A RESULT OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

1. DIFFERENTIATE AMONG POSTPARTUM PSYCHOSIS, POSTPARTUM DEPRESSION, POSTPARTUM OCD AND OTHER PERINATAL MOOD AND ANXIETY DISORDERS.
2. DIAGNOSE POSTPARTUM PSYCHOSIS THROUGH RECOGNITION OF THE SIGNS AND SYMPTOMS.
3. RECOMMEND APPROPRIATE MANAGEMENT INCLUDING REFERRAL FOR WOMEN WITH POSTPARTUM PSYCHOSIS.

## KEYNOTE SPEAKERS INCLUDE:



DIANA BARNES, PSYD, LMFT

Diana Lynn Barnes is a past president of Postpartum Support International and currently sits on its President's Advisory Council. She's on faculty of Maternal Mental Health Now's Training Committee and the 20/20 Mom project. Her private practice specializes in women's reproductive mental health. She presents nationally and internationally, is a published author, and has been legal counsel on cases of infanticide, pregnancy denial, neonaticide, child abuse and neglect.



VELVETH SCHMITZ, COUNCILWOMAN

Velveth Schmitz is currently a city councilwoman for Rolling Hills Estates. She has over 10 years of volunteer experience with the city, including serving as a Parks & Activities Commissioner and as a Planning Commissioner. Additionally, Schmitz volunteers on the Chadwick Parent Association, is a Board Member on the California Alumni Association for UC Berkeley, and sits on the Chancellor's Task Force on Alumni Relations and Development. During 2007, Schmitz suffered from postpartum psychosis after the birth of her second child. She is currently co-authoring a novel based on this experience.

**MONDAY, MAY 16, 2016, 12:00-1:30 pm**  
**HARBOR/UCLA HOSPITAL ASSEMBLY ROOM**  
**1000 W CARSON STREET**  
**TORRANCE, CA 90502**

**1 FREE CME/CE CREDIT AND  
COMPLIMENTARY LUNCH**

**KINDLY RSVP BY 5/11 TO**  
**[choskins@dhs.lacounty.gov](mailto:choskins@dhs.lacounty.gov)**

## CME/CE credits for MDs, PAs, NPs, RNs, LCSWs, and LMFTs.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of IMQ/CMA Institute for Medical Quality, a subsidiary of the California Medical Association, through the joint providership of L.A. Care Health Plan and Harbor-UCLA Medical Center. L.A. Care Health Plan is accredited by the IMQ/CMA to provide continuing medical education for physicians.

- L.A. Care Health Plan designates this live educational activity for a maximum of **1 AMA PRA Category 1 Credit**.™
- Physicians should claim only the credit commensurate with the extent of their participation in the activity. L.A. Care Health Plan takes responsibility for the content, quality, and scientific integrity of this CMA live activity.
- L.A. Care Health Plan is an approved Continuing Education Provider by the California Board of Registered Nursing (CEP13731). This program is approved for **1 contact hour**.
- L.A. Care Health Plan is an approved provider of continuing education credits by the California Board of Behavioral Sciences (provider no. PCE5803). This program is approved for **1 contact hour**.